

## Blood-Work Vitals Report - Form B-WVR-MM1983

Patient's Name and Consent Signature: \_\_\_\_\_

Physician's Printed Name and Signature: \_\_\_\_\_

Instructions to Physicians: Your above-named patient is participating in a **Health Revitalization and Sustainment Initiative**. As part of the effort, you are asked to fill in the Baseline Readings captured from the results of the patient's physical or annual check-up. You are also asked to record your comments by placing a check mark under the appropriate column in the Physician's Comment section for each applicable category. Upon completion, please fax back to 1-888-614-9507. Thank you.

Category	Target	Baseline/Previous Reading	Date	Current Reading	Date	PCP's Comment	
						Keep Up the Good Work	Let's Improve
Weight	PCP Discretion						
BMI							
• Women	PCP Discretion						
• Men	PCP Discretion						
Heart Rate	60 - 100						
Cholesterol							
• TOTAL	< 200						
• LDL	< 100						
Blood Sugar (Fasting)							
• Diabetic	< 150						
• Non-Diabetic	70 - 120						
A1C							
• Diabetic	< 7.0%						
• Non-Diabetic	< 5.7%						
Blood Pressure	90 - < 140 / 60 - < 90						
For Women Only:							
• Mammogram	Non-Suspicious Finding						
For Men Only:							
• Prostate	Non-Suspicious Finding						